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171 175 wide distribution in Africa (C. Wiedemann, 1909) and the ceremony still survives among the Ovimbundu in modified form.

[114] Though an informative writer, Monteiro is sometimes vague; he says (I, p. 278) that circumcision is a universal custom among the blacks of Angola. In view of the extent of Angola, the diversity of tribes, and the fact that Monteiro traveled over only a small part of the country, this information is misleading.

Monteiro is the only writer in whose works I have found a reference to the Vasele tribe; probably no part of Angola has been so neglected as the Esele country in the hinterland of Novo Redondo. At the present day the Vasele have a reputation for cannibalism. [266] Monteiro saw human flesh eaten at Cuacra, while the skulls of the victims were placed on adjacent trees. Monteiro states (II, p. 167) that on the death of a king the Mucelis (Vasele) put out all the fires in the kingdom; these were relighted by the succeeding king who [321] used fire produced by rubbing two sticks together. The flat beads of shell called *dongos*, made from *Achatina monetaria* (II, p. 168), are made today and traded to the far south of Angola, where their novelty assures them a value far beyond their intrinsic worth. I was fortunate in obtaining an example of the old beheading ax mentioned by Monteiro (II, p. 157) and sketched by Cavazzi (p. 210). Par- [262] boiled and roasted rats were offered to me as food; Monteiro mentions the offering of a roasted rat on a skewer (I, p. 99).

The account of Commander V. L. Cameron, who left Zanzibar for his journey across Africa in 1873, mentions several points of anthropological importance in relation to the Angolan section of his [756] journey. Cameron saw a net-covered medicine-man of the Kibokue (Vachokue) wearing a mask and a kilt of grass (p. 384). The function [524] of this man was to frighten devils from the woods. The contest in which boys discharge their arrows at a rolling root was seen by Cameron near Kagnombe (Cangamba?). Skulls of victims killed in [787] war were spiked on poles (p. 399). The diviner was followed by attendants who struck iron gongs, while the diviner himself shook a rattle made of basket-work in the form of a dumb-bell (p. 404). Cameron gives an accurate description of the divination basket and its use without going into details. These I have been able to supply [482] (chapter IX). The explorer met caravans of Bihéans, renowned carriers then as they are today. They were usually drunk and abusive; in some instances they attempted to rob the stragglers. 000 The use of caterpillars as food is noted (p. 416): "A man cut open

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At the present time a day's march is twenty-five miles, during which a man carries sixty pounds, while the load for a woman is half that weight. The gait of the Ovimbundu includes a limp at every step, so suggesting that the carrier is lame or tired. This appears to be a method consciously adopted as a protection against fatigue, because all muscles are momentarily relaxed. Loads are carried on the head in a long forked stick to which they are lashed. When the carrier rests, the load is not placed on the ground, but is held upright on the stick (Plate XXX, Fig. 2). Such a method avoids the strain of lifting the load from the ground after each rest pause.

Although the Ovimbundu have an exchange of products among themselves by both barter and the use of Portuguese money, there are no large markets, with the exception of those at the coastal towns of Loanda, Lobito, and Benguela. There is absolutely nothing in Angola which can be compared with the great markets in Nigeria.

Despite the absence of a system of exchange on a large scale, the Ovimbundu have many terms describing units of measurement. There are native standards of length, area, and capacity, but no measures of weight which are undeniably of Umbundu origin.

The unit of length (*epaluma*) is the distance from the tip of the thumb to the tip of the middle finger when the hand is outstretched. The term for two of these units is *apaluma avali*. These words are the plural of *epaluma; avali* means two. These units are used to measure tobacco before it has been coiled.

Cloth is measured by stretching the arms to their full extent in line with the shoulders; the distance between the tips of the middle fingers is *epeka*. The stride for measuring land is *elianga*.

Onjimba is an area about twenty-five feet square. *Etemo* ("hoe") is an area of land two hundred yards long and thirty feet broad. A large field covers two or three *atemo*.

Measures of capacity are provided by various types of baskets. The large conical basket (*ohumba*) has an interwoven mark which indicates a measure for corn, meal, and beans. *Ocitenge* is a coarsely made basket used as a unit of capacity. *Uhamba* is a basket two feet long and one foot deep. The basket on a rectangular base is also *uhamba*, but at the present day cans are taking the place of all these old measures. Palm oil is measured in a gourd (*ocitau* or *ombangi*) of definite size. This little gourd is also used for measuring a viscous substance from trees. The word *ekokoto* is used to describe this mucilage.

The principal products of the forge are axheads, which can be reversed in the shaft so as to form adzes. Hoe blades, tools for mat-making, brass bracelets, knives, and implements for gouging out the pith of gourds or hollowing out a drum, are also made. Arrowheads are likewise an important manufacture. 326

The blacksmith makes a saw blade, 47 cm in length, from hoop iron. The teeth of the saw are turned alternately to the right and left and the serrated blade is roughly hafted in wood (Plate XVI, Fig. 4). Another product of the forge is an iron tool hafted in wood. The pointed blade, which is round in cross section, tapers to a point used for boring holes in wood, after the tool has been made red-hot. Small axes, many of which are used ceremonially in dances, have remarkably well-fashioned blades decorated with punched designs in the form of geometrical patterns.

WOOD-CARVING

A glance over the list of trees named and used by the Ovimbundu indicates a complete knowledge of woodcraft which is in the hands of specialists. To name only a few; there is the *omanda* tree, also the *omue*, which yield charcoal for the smithy. *Ombula* wood is used for stools, while the elastic timber from the *omanda* tree is suitable for bows. The *ekenge*, *usamba*, and *ociyeko* trees supply bark for binding crosspieces to the upright poles when making the framework of a house; the same bark is used by Ovimbundu and Vachokue of eastern Angola for making bark cloth. In addition to the use of bark for these purposes it is made into large cylindrical receptacles for maize, while its use for beehives is general throughout Angola. Beehives are often made by professional hunters. A traveler notices the mutilation of trees from which complete cylinders of bark have been removed (Plate XL, Fig. 2); half of the cylinder makes a receptacle for carrying on the shoulder. 314

When a small pig is to be transported, four holes are bored in the bark container. Through these holes the legs of the animal are placed and tied together on the under side (Plate XXXI, Fig. 1). This is a more humane transportation than that of tying the feet of the animal to a pole which is supported on the shoulders of the two men who are carriers. 482

In the neighborhood of Cangamba fishermen make and use canoes of bark about fifteen feet in length (Plate LXXXV, Fig. 2). This illustration shows a man taking his nets into midstream where they will be pegged to the river bed. 501

Not only the carpenter, but almost every Ocimbundu man possesses an implement which may be readily adapted as ax or adze (Plate XIII, Fig. 2). The wooden shaft, from 50 to 70 cm in length, terminates in a narrow grip at one end, while the other end expands into a large oval knob into which a circular hole is bored. The strong iron blade, one of the main products of the local forge, can be removed. If the round tang of the blade is inserted so that the cutting edge is in the same plane as the shaft, the implement is an ax. On the contrary, insertion so that the cutting edge is at right angles to the shaft converts the implement into an adze. When placed over the shoulder this implement is used for carrying utensils in a fiber bag (Plate XXVIII, Fig. 1).

Gourds are of three main kinds, which may be found growing on the ground or resting on the roofs of houses at the ends of the climbing stems that bear them. *Ombenge* is a gourd which is narrow in the middle. It is often converted into a dipper for ladling liquids. The narrow neck is the handle, while a round hole is cut in the larger part so that the dipper can be filled with liquid. *Onganja* is round, or perhaps oval in form. There is a size used as a measure of capacity. *Onganja* can be used as a ladle by fixing it at the end of a stick. *Olukuembo* has a round body and a narrow hook-shaped neck; like the gourd *ombenge*, it is used as a ladle.

Gourds are elaborately decorated with incised and burned designs (Plate XII, Figs. 1–6). Usually these patterns are geometrical, but human figures and animals are sometimes included. Decorated gourds from Bailundu, used for containing beer at a wedding, are among the best examples of their kind (Plate XII, Fig. 6). The owner of a decorated gourd takes great pains to repair a crack with rattan, which is threaded through holes bored in the edges of the fracture. A large gourd is sometimes carried in a native-made net of vegetable fiber.

POTTERY

A large and varied collection of pottery has been acquired from the Ovimbundu, the Vachokue, and the Vasele. The shapes and styles are best indicated by the illustrations in Plate XIV, Figs. 1–5.

Among the Ovimbundu, only women make pots, which are inferior in workmanship to those of the Vachokue and the Vasele. At Elende, among the Ovimbundu, I was surprised to find a man making pottery. Further inquiry showed that he had learned his craft when young in the Vachokue country of eastern Angola. This man, whose work was not copied at all by Ovimbundu women, was regarded as a specialist whose products were in great demand.

VII. EDUCATION

Industrial Training and Division of Labor

871 Usually there is no formality connected with the industrial and occupational training of Ovimbundu children. The section dealing with play shows that boys and girls learn by spontaneous imitation of their elders.

874 There are, however, exceptions to this general truth. Special rites connected with the training and inauguration of blacksmiths and hunters have been described. The training of medicine-men and women will be dealt with in chapter IX, "Religion."

462 463 In describing economic life in chapter V, division of labor on a sex basis; also specialization in industry because of peculiar tastes and aptitudes, were noted. There is clearly a twofold division in industrial life. In the first place sex determines occupation, and within this primary grouping there is a secondary grouping depending [467] on personal preference and individual ability. I have found no instance of exclusive hereditary right to any occupation or industry.

462 The net result of the Umbundu system of division of labor is indicated by the following summary:

[342] When building houses, men dig the rectangular trench, cut the poles for the framework, lash the crosspieces, cut grass and lay the thatch, then place clay over the wattle walls. Women carry water for mixing the clay and convey the moist clay to the plasterers. [224] Children puddle the clay with their feet. Males are hunters both professional and general. During a communal hunt women and children assist in driving game, which is frightened by the firing of [857] grass. Boys organize games in which they imitate these activities. [226] Men fish with a line and bait, whereas women use baskets and [231] narcotic poison. Men and boys take care of cattle and have charge of dogs. Women and girls give what slight attention is afforded to other domestic animals. Male specialists castrate bulls and goats.

[241] During agricultural operations men clear the ground and burn the bush. Women carry on hoe cultivation without assistance from [482] men. Men are the chief carriers in caravans, but women and children may sometimes be seen carrying loads. They march in line with the men but have smaller burdens. Males are employed in blacksmith's work, wood-carving, making weapons and tools, weaving mats, dressing hides, spinning cotton, and formerly in weaving on an upright loom. Men are exclusively the makers of

534 Another musical bow named *ekolowa* is of simple construction, consisting of a strip of cane from 54 to 70 cm long and 2 cm wide. At each end of the cane is a projection. A string, when tightly stretched between these projections, pulls the cane into the form of a bow. The performer, placing one end of the bow in his mouth, plucks the string with his thumb and forefinger (Plate XXII, Fig. 7).

Two rubbing instruments are used by the Ovimbundu. *Ogolanda* is a large gourd with a slit in the top along which there is a board cut into sixteen notches. The rubbing of a short stick along these notches produces a sound which is greatly amplified by the gourd resonator. The second instrument of this type is in the form of a wooden bow having its thickest part notched for rubbing with a stick (Plate XXII, Figs. 3, 8).

533 Only specialists are skilled in composing songs, and both men and women are composers. The younger people sometimes go to the old people to learn songs which were popular a generation ago. There are no professional itinerant story-tellers.

There is a chant for funerals which has been quoted in the appropriate section, but no special wedding songs are used. The Ovimbundu have satirical songs humorously describing individual [626] foibles and peculiarities, and as usual in Negro communities a satirical song is feared by thieves, adulterers, or other offenders.

[726] In former days when men were on the warpath they sang, *Okaimbo ketu katito eteke tu lisanumbula tu tandako.* ("Our village is little today, we attack, we extend.") Another war song is *Ocisonde ci likoka ove o kasi vonjila tumdamo.* ("Red ant that creeps along, you who are in the way, get out.")

[484] When men on the march came to a camping ground occupied by another caravan, they sang as a challenge, *Cinene nye? Cinene onjamba kakuli okachama kavela ukuavo.* ("What is the largest? There is no animal largest. The largest is the elephant.")

During hauling and carrying, men sing, *Yende, yende chale, ocimboto lomala saco.* ("Let it go, let it go, the crab, the frog, with its children.")

482 Lifting loads is always accompanied by noises which suggest that someone is injured. Part of the men make deep grunts to which their companions answer with prolonged groans.

INITIATION

867 881 Evidence bearing on initiatory rites in Angola shows that the ceremonies are arranged as a process of incorporation into the

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[p. 392]

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OVIMBUNDU, ELENDE

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METHODS OF TRANSPORTATION, ELENDE

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METHODS OF TRANSPORTATION, OVIMBUNDU, BLENDE

Fig. 1. Boy carrying pig. Fig. 2. Men bearing sick man in hammock

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TRANSPORTATION, OVIMBUNDU, ELENDE

Fig. 1. Bridge across swamp and stream. Fig. 2. Carrying children

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[P. 403]

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PHYSICAL TYPES, OVIMBUNDU, ELENDE

Fig. 1. Boys, showing tooth mutilation on left. Fig. 2. Girl with field basket

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